

Entrust      Thoughts on Sexual Purity, Marriage, & the Fight    10/10/24

Introduction:

- 1) A study taken from 2010-2016 in the United States which said that 20% of married men surveyed admitted to having sex with someone other than their spouse while married. And 13% of married women married admitted to the same.<sup>1</sup>
  
- 2) Why talk about this (a tad more)?
  - a. Proverbs 6:30-33 Men do not despise a thief if he steals To satisfy himself when he is hungry; <sup>31</sup> But when he is found, he must repay sevenfold; He must give all the substance of his house. <sup>32</sup> The one who commits adultery with a woman is lacking sense; He who would destroy himself does it. <sup>33</sup> Wounds and disgrace he will find, And his reproach will not be blotted out.
  
  - b. Leviticus 20:10 If *there is* a man who commits adultery with another man's wife, one who commits adultery with his friend's wife, the adulterer and the adulteress shall surely be put to death.

Theological foundations:

- 1) Exodus 20:14 You shall not commit adultery.
  - a. Adultery breaks all the commandments
  
- 2) What is the opposite of adultery?
  - a. Neglecting our relationship w/ the Lord
  - b. Neglecting our relationship w/ our wives
  - c. Tolerating sexual temptation; failure to fight it; allowing it to creep in
  - d. Pursing and meaningfully immersing relationship w/ a NT local church

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<sup>1</sup> <https://ifstudies.org/blog/who-cheats-more-the-demographics-of-cheating-in-america>

**\*\* Pursuing the opposite of adultery.**

1. Cultivate a fear of God
2. Meditate on what Christ has done for us

1 John 4:19 We love, because He first loved us.

Luke 7:47 For this reason I say to you, her sins, which are many, have been forgiven, for she loved much; but he who is forgiven little, loves little."

- a. 1 --- His plan from eternity, along w/ His father & the Spirit, was to redeem you (Eph 1:4-5).
- b. 2 --- He was willing to leave and depart the most pristine, desirable place in order to come suffer for you.
- c. 3 --- He became a man and lived in flawless obedience to the law.
- d. 4 --- Next, Jesus suffered for our sins

Isaiah 52:14 ...His appearance was marred more than any man And His form more than the sons of men.

Isaiah 53:5 He was crushed for our iniquities; The chastening for our well-being *fell* upon Him, And by His scourging we are healed.

Eph 5:25 Husbands love your wives like Christ loved the church  
and gave Himself up for her

3. Meditate on the Lord's faithfulness to us as our spouse

Ephesians 5:28-29 So husbands ought also to love their own wives as their own  
bodies. He who loves his own wife loves himself; <sup>29</sup> for no one ever hated his  
own flesh, but nourishes and cherishes it, just as Christ also *does* the church

- a. The Lord is a faithful husband to the church. He "nourishes and  
cherishes" His Bride, the church
- b. Think of the many ways that He has been faithful to you:
  - a. He has lived for you (Gal 4:4-5)
  - b. He has died for you (1 Pet 2:24)
  - c. He has prayed for you (John 17)
  - d. He intercedes for you (Heb 7:25)
  - e. He provides food for you (Matt 6:33)
  - f. He sustains you in your sorrows (Ps 56:8)
  - g. He provides you a job (Matt 6:33)
  - h. He sustains your health (Matt 6:33)
  - i. He has given you material blessings (Jas 1:17)
  - j. He's given you a wife if married (Prov 18:22)
  - k. He's given you children perhaps (Ps 127:3)
  - l. He's given you friends; a church; the Body of Christ (1 Cor 12)
  - m. He has protected you from Satan (Rom 8:38-39)
  - n. He will never let you lose your salvation (Rom 8:38-39)
  - o. He will bring you to heaven for all eternity (Rom 8:38-39)

4. Express gratitude to God for your wife

1 Thess 5:18 Give thanks for all things

5. Express gratitude to your wife for her

Phil 1:3 I thank my God in all my remembrance of you

6. Nourish and cherish her

Ephesians 5:28-29 So husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself; <sup>29</sup> for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also *does* the church

7. Make time to spend with her in a way that blesses her

1 Pet 3:7 Live with your wives in an understanding way

8. When she sins, think about how much you have sinned against the Lord & her

Matthew 7:3-5 Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye? <sup>4</sup> "Or how can you say to your brother, 'Let me take the speck out of your eye,' and behold, the log is in your own eye? <sup>5</sup> "You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

Spurgeon: "I have no doubt that where there is much love there will be much to love, and where love is scant faults will be plentiful."

9. Correct her in gentleness & timeliness

Galatians 6:1-2 Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; *each one* looking to yourself, so that you too will not be tempted. <sup>2</sup> Bear one another's burdens, and thereby fulfill the law of Christ.

Proverbs 15:2 The tongue of the wise makes knowledge acceptable, But the mouth of fools spouts folly.

10. Study & pray through 1 Corinthians 13:4-7 towards her

1 Corinthians 13:4-7 Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, <sup>5</sup> does not act unbecomingly; it does not seek its own, is

not provoked, does not take into account a wrong suffered, 6 does not rejoice in unrighteousness, but rejoices with the truth; 7 bears all things, believes all things, hopes all things, endures all things.

11. Find out what domestic tasks she really prefers not to do & do them

Mark 10:43 whoever wishes to be great among you shall be your servant

12. Conduct your appearance in a way that blesses her

Matt 22:39 Love your neighbor as yourself

1 Pet 3:7 Live with your wives in an understanding way

13. Value & redeem the difficulties of marriage

James 1:2-4 Consider it all joy, my brethren, when you encounter various trials, <sup>3</sup> knowing that the testing of your faith produces endurance. <sup>4</sup> And let endurance have *its* perfect result, so that you may be perfect and complete, lacking in nothing.

14. Pray for her regularly

15. Fight tempting thoughts